# Does My Child Need Feeding Therapy?

Here are some signs that your child may benefit from a feeding evaluation to determine if therapy is needed



## Difficulty Transitioning to Solids

If your child was hesitant to try small meltables or easily chewed food, he/she may have an underlying feeding disorder.

### Gagging

Gagging that persists after 1 year of age is considered atypical, as most children's gag reflex moves backward at 9 months





# Difficulty Transitioning from Bottle

Children should begin cup drinking and straw drinking around 10–12 months of age

#### **Limited Diet**

Children need a variety of foods to sustain brain function and learning





### **Unwilling to Try New Foods**

If your child is unwilling to try any new foods, even touching or licking, they likely will benefit from a feeding evaluation.

# Requires Supplements for Calories

If your child drinks protein shakes or other supplements due to limited solid food intake, a feeding evaluation is recommended.





### Feeding Tubes

Children and babies on tubes benefit from engaging in safe non-nutritive feeding behaviors, as well as some physician approved consumptions of foods.